



Dear Parents,

Light and darkness are contrasted throughout the Scriptures. In John 3, Jesus explained to Nicodemus the hope and grace of God and the means by which He saves. Consider what Jesus was saying as He emphasized this contrast in this conversation.

In John 3:19-21, Jesus said, “This is the judgment: The light has come into the world, and people loved darkness rather than the light because their deeds were evil. For everyone who does evil hates the light and avoids it, so that his deeds may not be exposed. But anyone who lives by the truth comes to the light, so that his works may be shown to be accomplished by God.”

Jesus said that judgment is coming—and has arrived—because people loved the darkness more than the light. Ultimately, Jesus was referring to Himself, having entered the world to overcome the darkness. But as John 1 says, He was not recognized as the light, even by His own people.

Some two thousand years later, the question is, do we too love the darkness, or have we truly received the light? And how can we know? Jesus helps us answer this question.

One might summarize Jesus’ response this way: if you love the darkness, your deeds will be evil. If you love the light, your works will be obvious evidence of the power of God. The evidence of whether we love the darkness or the light is found in the way we live.

Do you live in a way that expresses your love for light or for darkness? Is there a clear picture of the power of God in your decisions, actions, and words? Do people see the work of God and hear of His power when they interact with you?

It’s easy to answer these important questions with aspirations, but we cannot convince God of what is not true. And even further, our aspirations mean nothing without a deep dependence on God's transformation for our lives.

Though we find evidence of what we love in how we live, ultimately God looks at the heart. Our lives will be evidence for loving God above all else. In our faithful pursuit of the light, the evidence will show itself.

As you talk with your kids, encourage them to look to Jesus in faith every day. We can seek Him for our salvation and for help as we live in this world. Even in the midst of fear and doubt, we can hold out our empty hands and cry, “Lord, save me!” He will answer, and we can respond in worship of our Lord and Savior.

Family Starting Points – Bible Passages: (John 3)

Preschool	Elementary
<ul style="list-style-type: none"> • How do we know God loves us? We can know that God loves us because He sent His Son Jesus. • Nicodemus wanted life with God, but he could not do anything to earn it. Eternal life is a gift. God showed His love by sending His one and only Son to rescue people from sin. Everyone who believes in Him receives God’s gift of eternal life through Jesus. • Key Passage: “While we were still sinners, Christ died for us.” Romans 5:8 	<ul style="list-style-type: none"> • How do we know God loves us? We can know that God loves us because He gave us Jesus to forgive the sins of the world. • Nicodemus needed new life—eternal life—but he could not do anything to earn it. Eternal life is a gift that comes only from God. God showed His love in this way: He sent His one and only Son to save the world. Everyone who believes in Him will not perish but will have eternal life. • Key Passage: “But God proves his own love for us in that while we were still sinners, Christ died for us.” Romans 5:8