

# Family Fridge Fun

## Big Idea

Jesus' example shows me how to go beyond what is expected in helping others.



Check out Mark 2:1-12. **If someone gave you a roll of duct tape, what would you use it for?**

## Connecting to Jesus

When Jesus healed the paralyzed man and forgave his sins, He showed the powerful way in which He can help us. Jesus' words of forgiveness and His act of healing show that Jesus is truly the Son of God. When we believe in Jesus, we can ask Him to forgive us and show His power in our lives, too.

## Just for Fun

Have a Spring Repair Event. Bring a roll of duct tape as you walk through several rooms in your house. In each room, look around and talk about what items in the room could be repaired by using duct tape—and then use the tape if you need to!

Duct tape is a great way to fix things, and it reminds us to look for ways to help other people. Because of God's great love for us, we can do more than what is expected to love and help others!



## Bible Verse

“Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us.”

Ephesians 5:1-2

Line up and play Follow the Leader with a twist! The first person in line leads everyone in a motion while repeating the first phrase of the verses. Second person in line then thinks of a motion and leads everyone in the motion while saying the second phrase of the verses. Keep going, until you've said it all! Can you say the words of the verses while you walk AND make the motions?



## Get into the Bible

- Read 1 Kings 17:7-16. How did a mom go beyond the expected? Who can your family pray for today who is in difficult circumstances?
- Read Mark 10:17-22. What did Jesus ask this young man to do? What are some ways to go beyond what is expected in following Jesus?
- Read Luke 10:25-37. Count the ways the Samaritan went beyond the expected. Who can your family show this kind of unexpected love to this week?