

Family Fridge Fun

Big Idea

I can trust Jesus to be in charge of my life.

Check out Mark 1:21-34. **If you were in charge of the world, what rule would you make?**

Connecting to Jesus

The Gospel of Mark tells us about Jesus' actions. We discover the ways in which Jesus acted as a servant, always willing to help others. Jesus, God's Son, changed the world by His actions. When we believe in Jesus, He helps us change the way we live, too!

Just for Fun

Together, brainstorm a list of situations when police officers and other leaders help us. See if you can think of the same number of situations as there are letters in your last name!

We trust police officers because the things they do—protecting us and helping us—show us that they are trustworthy. What God has done for us and the love that Jesus has shown to us prove that God is trustworthy, and that makes us want to show Him that we trust Him!



Bible Verse

"I trust in God's unfailing love for ever and ever. I will praise you forever for what you have done."

Psalm 52:8-9

There are 20 words in these verses. Count 1 word for each finger, thumb and toe as you repeat the verses. See if you can say it correctly—you'll come out with 20! Then call out a number between 1 and 20 and see who can be the first to say the appropriate word!



Get into the Bible

- Read Psalm 27:1. Why can we trust Jesus? As a family, plan a way to show you trust Him!
- Read John 12:3-7. What did Mary do to show her trust in Jesus? Pray together about the ways you can show trust in Jesus.
- Read John 13:35. If we love Jesus, we will show we trust Him by doing what? Who is a person you can show love to today?