

## God's Word concerning FEAR: When you are afraid, Remember...

### 1. You are NOT Alone

- a. **Joshua 1:9**, *“Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.”*
- b. **Deuteronomy 31:6**, *“Be strong and courageous. Do not fear or be in dread of them, for it is the LORD your God who goes with you. He will not leave you or forsake you.”*
- c. **Psalms 23:4**, *“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”*
- d. **Isaiah 41:10, 13**, *“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand... For I, the LORD your God, hold your right hand; it is I who say to you, “Fear not, I am the one who helps you.”*

### 2. God will Provide for Your Needs

- a. **Luke 12:22-24**, *“And he said to his disciples, “Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!”*
- b. **2 Peter 1:3**, *“His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness.”*
- c. **Philippians 4:19**, *“And my God will meet all your needs according to the riches of his glory in Christ Jesus.”*
- d. **Psalms 34:10**, *“The lions may grow weak and hungry, but those who seek the LORD lack no good thing.”*

### 3. Fear God not Man

- a. **Proverbs 1:7**, *“The fear of the LORD is the beginning of knowledge.”*
- b. **Matthew 28:10**, *“And do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell.”*
- c. **Isaiah 51:12**, *“I—yes, I—am the one who comforts you. Who are you, that you are so afraid of humans who will die, descendants of mere men, who have been made like grass?”*
- d. **Daniel 3:16-18**, *“Shadrach, Meshach, and Abednego answered and said to the king, “O Nebuchadnezzar, we have no need to answer you in this matter. If this be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king. But if not, be it known to you, O king, that we will not serve your gods or worship the golden image that you have set up.”*
- e. **Psalms 118:6**, *“The LORD is on my side; I will not fear. What can man do to me?”*

### 4. God will give you Peace

- a. **John 14:27**, *“Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”*
- b. **Philippians 4:6-7**, *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*
- c. **Psalms 29:11**, *“The LORD gives strength to his people; the LORD blesses his people with peace.”*
- d. **Isaiah 26:3**, *“You will keep in perfect peace those whose minds are steadfast, because they trust in you.”*

## 5. God will deliver you from Fear

- a. **Psalm 34:4** says, *“I sought the LORD, and he answered me and delivered me from all my fears.”*
- b. **Psalm 94:19**, *“When anxiety was great within me, your consolation brought me joy.”*
- c. **Psalm 56:3-4**, *“When I am afraid, I put my trust in you. In God, whose word I praise— in God I trust and am not afraid. What can mere mortals do to me?”*
- d. **Hebrews 13:5-6**, *“Keep your lives free from the love of money and be content with what you have, because God has said, “Never will I leave you; never will I forsake you.” So we say with confidence, “The Lord is my helper; I will not be afraid. What can mere mortals do to me?”*

## 6. Worry and Anxiety only further your Suffering

- a. **Matthew 6:27,34**, *“And which of you by being anxious can add a single hour to his span of life?... “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”*
- b. **Proverbs 12:25**, *“Anxiety in a man's heart weighs him down, but a good word makes him glad.”*